Pet Loss Support Resources

Dr. Hebbler’s Personal Recommendation:
*Blessing the Bridge – What Animals Teach Us About Death, Dying and Beyond*, by Rita Reynolds, [www.newsagepress.com](http://www.newsagepress.com) (ISBN# 0-939165-38-4)

Local Resources

Lorri Greene, PhD, (619) 275-0728), author of *Saying Good-bye to the Pet You Love*, provides pet loss grief counseling throughout San Diego County.

Online Help

~Alaska’s Christian Counseling Center E-Mail Counseling System: [http://www.ptialaska.net/~counsel/loss.html](http://www.ptialaska.net/~counsel/loss.html). Offers e-mail counseling on pet loss, bereavement, and other topics.

~Pet loss support news group: [alt.support.grief.pet-loss](http://www.ptialaska.net/~counsel/loss.html)


~Association for Pet Loss and Bereavement, (APLB): [http://www.aplb.org](http://www.aplb.org). Offers lists of counselors, support groups, cemeteries, and references; plus a weekly chat session on pet loss.


~Dogheaven: [http://www.dogheaven.com](http://www.dogheaven.com). Many useful resources (not just for dog lovers!), including a chat room that often hosts pet loss experts.


~Pet Loss Reference to References: [http://www.superdog.com/petloss.htm](http://www.superdog.com/petloss.htm). Loads of links, including information about other on-line services (such as services on AOL, Compuserve, and Prodigy); funeral supplies and other products, cemeteries, publications.


~Pet Loss Tracks in the Sand: [http://members.tripod.com/~Sandtracker/cat-tracks.html](http://members.tripod.com/~Sandtracker/cat-tracks.html). A wonderful collection of links and resources, including a link to an excellent electronic pet loss condolence card generator.
~Pet Grief: [http://www.petloss.com](http://www.petloss.com). Links to sites offering tributes and other resources, including *The Rainbow Bridge*, *The Monday Night Candle Ceremony*, plus information on on-line support groups in Prodigy, Genie, AOL, Compuserve and MSN.

~Virtual Memorial Garden: [http://www/catless.ncl.ac.uk/VMG](http://www.catless.ncl.ac.uk/VMG). A place to post tributes and photos.

~Virtual Pet Cemetery: [http://www.lavamind.com/pet.html](http://www.lavamind.com/pet.html). Another tribute site; e-mail eulogies to pet@lavamind.com.

### Telephone Counseling

Colorado State University: 303-221-4535

Chicago Veterinary Medical Association: 708-603-3994

University of Minnesota: 612-624-4747

Animal Medical Center, N.Y.: 212-838-8100


Pet Loss Partnership, Washington: 509-335-4569

### Pet Loss Hotlines

**Grief Recovery Hotline**: 800-445-4808 M-F, 9 a.m.-5 p.m. PT.

**Arizona**: 602-995-5885 Companion Animal Associations, 24 hrs.

**California**: 916-752-4200 U.C. Davis College of Veterinarian Medicine, M-F, 7-9 p.m.

**Illinois**: 708-603-3994 Chicago Veterinary Medical Association, leave voice-mail; calls returned between 7-9 p.m. Long distance calls returned collect.

**Indiana**: 317-251-4028 Pet Loss Support Group.

**Iowa**: 888-478-7574 Iowa State University Pet Loss Support Hotline.

**Maryland, Virginia, D.C.**: 540-231-8038 Virginia-Maryland Regional College of Veterinarian Medicine; T/Th, 6-9 p.m. ET.

**Massachusetts**: 508-839-7966 Tuft University, T/Th, 6-9 p.m. ET.

**Michigan**: 517-432-2696 Michigan S.U. College of Veterinarian Medicine, T/Th 7:30-9:30 p.m. ET.

**New Jersey**: 800-404-PETS, 609-667-1717 Pet Friends Inc. For local southern NJ calls. Callers may leave their number at any time; local calls will be returned at no charge, long-distance calls will be returned collect.

**Ohio**: 614-292-1823 Ohio State University Veterinary School MWF, 6:30-9:30 p.m. ET; voice-mail messages will be returned collect.

**Texas**: 210-227-4357 United Way Help Line, 7 a.m.-3 p.m. CT.

**Great Britain**: 0891 615285 Society for Companion Animal Studies; Fee: 49p/minute, M-F, 8 a.m.-6 p.m.; 39p/minute otherwise. Offers a booklet titled *Death of an Animal Friend* for 2.50p, from SCAS, 10b Leny Rd., Callander, Scotland FK17 8BA.